



RAISING CHILDREN WITH CARE * RAISING CHILDREN TO CARE

MASTER CLASS ON ANGER PART 1 & 2

Facilitated by Ruth Beaglehole
Executive Director



- Do you struggle with the practice of nonviolent parenting?
- Does your anger leave you regretful for things that you say or do with your children?
- Are you looking for more personal strategies to handle those moments?



Two Thursdays
May 20th & 27th 2010
6:00pm—8:00pm

These classes will carefully examine how anger works, and will identify tools to help you with self-regulation

Pre-requisite:
One Full Series of
Nonviolent Parenting

Fee: \$75
No one will be turned away
for the lack of funds

At CNVEP
1226 N Alvarado St, Los Angeles, CA 90026

To PRE-REGISTER please contact **Nancy D. Meeker** at nancy@cnvep.org,
213.484.6676 or REGISTER online at www.cnvep.org

REGISTRATION FORM

Yes, I would like to participate in the **CNVEP** MASTER CLASS ON ANGER 1 & 2

Name _____

Address _____

Phone _____

E-mail _____

At the Center for Nonviolent Education and Parenting
1226 N. Alvarado Street, Los Angeles, CA 90026
Street parking available.

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Register online at www.cnvep.org or Fax completed registration form to 213.484.6646

Mail registration form and payment to:
The Center for Nonviolent Education and Parenting
Master Class on Anger

P.O. Box 26938, Los Angeles, CA 90026
Make checks payable to CNVEP

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